INTERNATIONAL CENTER for the EXPLORATION of the HIMALAYAS (through education, emancipation, the economy, ecology, and exchanges)

Acronym « I.C.E. Himalayas »

The association of general interest, is not linked to any government,

Constitutive General Assembly on January 23, 2010 in Carbonne (Haute-Garonne-France). Association

recognized by the Law of July 1, 1901 and the decree of August 16, 1901 - Declaration to the sub-prefecture of Muret

(Haute-Garonne – France) March 23, 2010. (J.O of April 17, 2010) RNA number No. W311002260. Statutes

amended on February 10, 2018 by the Extraordinary General Meeting held in Courthézon (Vaucluse-France)

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### BRIEF REVIEW OF FIRST AID TRAINING

#### 2017 to 2022

(2016: initial contact, no training)

(Following the covid19 pandemic, no training between the end of September 2019 and November 2021)

#### 2016: Contacts from November 27 to December 16

- 4 delegates from ICEHimalayas
- 1 ICEH organizer
- 1 ICEH translator

Meetings with TAAN, Alliance française de Kathmandu, French Embassy, Quartier General of the Nepal Army, National Police Disaster Management Department, and three days in villages for future training.

## 2017: September 16 to 21

- 4 French trainers + 1 Nepalese trainer
- 3 translators
- 2 organizers

PSC1 First Aid Certificates awarded to:

28 mountain and trekking guides from TAAN

26 staff members of the Alliance Française de Kathmandu

7 persons from the French Embassy trained in the use of the defibrillator; Meeting with the Super Intendant of the police – Disaster Management department

### 2017: December 1 to 16

- 2 organizers
- 5 French trainers + 1 Nepalese trainer
- 3 Nepalese translators

PSC1 first aid certificates awarded to:

- 45 students from the Alliance Française de Kathmandu
- 32 TAAN trekking and mountain guides
- 30 school teachers + 25 students + 38 Gathbesi villagers + three translators
- 76 students + 6 persons from the GATE hotel school

### 2018: November 24 to December 7

- 5 French trainers + 1 Nepalese trainer
- 1 French researcher in Artificial Intelligence
- 1 NAAT quide
- 3 translators
- 2 organizers

## PSC1 First Aid Certificates awarded to:

- 33 villagers (Teachers, dispensary staff etc) and 45 students in the village of Arugat
- 45 students and staff from the Alliance Française de Kathmandu
- 65 TAAN trekking and mountain guides
- 30 high school students from Angel College had a demonstration without giving certificates.

#### November 24: Health and Environment Conference

December 6 and 7: 2 conferences about artificial intelligence

## 2019: September 15 to 29

- 5 French trainers + 1 Nepalese trainer
- 2 organizers
- 1 French videographer
- 3 translators

### PSC1 first aid certificates awarded to:

- 39 staff members from the Alliance française of Kathmandu
- 55 trekking and mountain guides from TAAN
- 33 trekking and mountain guides from the Base Camp agency
- 30 staff members of the Shridiva International school

### PSC1 first aid certificates awarded to:

56 students

19 teachers

21 villagers from Bolde Phedicche

### 2021: November 21 to December 2

- 4 French trainers
- 2 Nepali translators
- 3 organizers
- 2 meetings with the President and Vice-President of TAAN in Pokhara
- 3 meetings with the professionals of the nautical activities of the lake of Pokhara
- 3 meetings with the training organizers in the villages of Mahuré (Kavré) and Katuwa Chaupari (Parbat)

### PSC1 First Aid Certificates awarded to:

20 staff members from the French International School of Kathmandu

56 mountain and trekking guides from TAAN western (Pokhara)

## First aid certificates awarded to;

35 teachers and students and 34 villagers from Mahuré (Kavré)

33 villagers, 25 teachers and 38 students from Katuwa Chaupari (Parbat)

# 2022: September 12 to 23

- 3 French trainers
- 3 Nepali translators
- 3 organizers
- 1 videographer

Meeting with Mr.PK Sherpa and his son for upcoming trainings Meeting with the CEO of the Nepal Mountaineing Association PSC1 First Aid Certificates awarded to:

24 teachers and 62 students from the village of Kattike

20 trekking guides from Terres du Nepal agency

60 TAAN trekking and mountain guides

11 French Embassy staff members

22 staff members from the Alliance Française de Kathmandu

3 teachers and 31 students from the French International School of Kathmandu

21 Center for Disabled Children Assistance staff members and youth

### 2022: November 20 to December 4

4 French trainers

1 French-to-English translator and videographer

1 Nepali translator

2 organizers

3 working meetings with the CEO of Hotel Nepal Association, the Secretary General and the CEO of Himalayan Rescue Association, and the CEO plus all the executive office of Trekking Agencies Association of Nepal.

241 First aid certificates distributed to:

106 students

76 teachers

59 other people (women's collective, neighborhood, etc.)

Number of First aid certificates PSC1 (first aidrelief) awarded in 7 years: 1486

Trekking and mountain guides: 349

Alliance Française, students and teachers: 177

French International School of Kathmandu, students and teachers: 54

Various schools: 384 French Embassy: 11 Villagers, neighbors: 511

TOTAL: 1,486 people in seven training sessions, or 210 people on average per session