



# THANK YOU TEAM ICE HIMALAYAS

FIRST AID training- sep-11 2023 on Monday





# ICE HIMALAYAS COMPANY

We just wanted to thank you for your first aid session on Monday for us.

Honestly we felt it was the best first aid course. You were practical, knowledgeable and we learned things that we have not learned before.

Thank you so much for providing such useful and helpful First Aid training

We really enjoyed it and gained knowledge out of it. It was a pleasure having you in our Green Village. Once again thank you for the excellent course.





# YOUTH TESTIMONY



"I learned from the first aid is that preserving life is the main objective of it. I enjoyed the first aid training course that I was lucky to be part of last week training and cannot think of time when I have had so much fun..... Working."

Sushila karki  
(Trainee of First Aid training)





# YOUTH TESTIMONY



I felt good because I learned a lot of things from them. I learned it practically. I learned that we can easily carry even big person through one exercise.

Rumush Tamang  
First aid trainee





# YOUTH TESTIMONY



Excellent refresher course taking into consideration our existing knowledge and experience. Thank you for giving your time to us for this training.

Rina Kumari Sada  
(Trainee of first aid training)





# September 11 2023

In our GV we have everything but we don't have hospital in near and every month youth arrive here for training and some of them don't know about how to handle when someone is sick so, everyone got panicked. As I said hospital is far from our green village because of this we want you to give training to other youth the training you gave to us. So, that they can easily handle the situation and help each other.





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