



INTERNATIONAL CENTRE for the EXPLORATION of the HIMALAYAS

(Through education, emancipation, economy, ecology, and exchanges)

- L'association a été déclarée à la sous-préfecture de Muret (Haute-Garonne – France) le 23 mars 2010. Elle est régie par la Loi du 1^{er} juillet 1901 et le décret du 16 août 1901
- Insertion au Journal Officiel : 17 avril 2010
- Numéro au Registre National des Associations : W311002260
- Siren : 750 839 615 - Siret : 750 839 615 00028

Association créée à Carbone (Haute-Garonne – France) par l'Assemblée Générale constitutive le 23 janvier 2010. Statuts modifiés à Mormoiron – (Vaucluse - France) – par l'Assemblée Générale Extraordinaire le 10 juin 2023.

BRIEF REVIEW OF FIRST AID TRAINING 2017 to 2022

(Following the covid19 pandemic, no training between the end of Sept 2019 and Nov 2021)

2016: November 27 to December 16 – initial contact, no training

4 delegates from ICE Himalayas

1 ICEH organizer

1 ICEH translator

Meetings with TAAN, Alliance française de Kathmandu, French Embassy, Quartier General of the Nepal Army, National Police Disaster Management Department, and three days in villages for future training.



2017: September 16 to 21

4 French trainers + 1 Nepalese trainer

3 translators

2 organizers

PSC1 First Aid Certificates awarded to:

28 mountain and trekking guides from TAAN

26 staff members of the Alliance Française de Kathmandu

7 persons from the French Embassy trained in the use of the defibrillator;

Meeting with the Super Intendant of the police – Disaster Management department



2017: December 1 to 16

2 organizers

5 French trainers + 1 Nepalese trainer

3 Nepalese translators

PSC1 first aid certificates awarded to:

45 students from the Alliance Française de Kathmandu

32 TAAN trekking and mountain guides

30 school teachers + 25 students + 38 Gathbesi villagers + three translators

76 students + 6 persons from the GATE hotel school



Collectif
France Népal

नेपाल-फ्रान्स मैत्री संघ

2018: November 24 to December 7

5 French trainers + 1 Nepalese trainer

1 French researcher in Artificial Intelligence

1 NAAT guide

3 translators

2 organizers

PSC1 First Aid Certificates awarded to:

33 villagers (Teachers, dispensary staff etc) and 45 students in the village of Arugat

45 students and staff from the Alliance Française de Kathmandu

65 TAAN trekking and mountain guides

30 high school students from Angel College had a demonstration without giving certificates.

November 24: Health and Environment Conference

December 6 and 7: 2 conferences about artificial intelligence



2019: September 15 to 29

5 French trainers + 1 Nepalese trainer

2 organizers

1 French videographer

3 translators

PSC1 first aid certificates awarded to:

39 staff members from the Alliance française of Kathmandu

55 trekking and mountain guides from TAAN

33 trekking and mountain guides from the Base Camp agency

30 staff members of the Shridiva International school

PSC1 first aid certificates awarded to:

56 students

19 teachers

21 villagers from Bolde Phedicche



2021: November 21 to December 2

4 French trainers

2 Nepali translators

3 organizers

2 meetings with the President and Vice-President of TAAN in Pokhara

3 meetings with the professionals of the nautical activities of the lake of Pokhara

3 meetings with the training organizers in the villages of Mahuré (Kavré) and Katuwa Chaupari (Parbat)

PSC1 First Aid Certificates awarded to:

20 staff members from the French International School of Kathmandu

56 mountain and trekking guides from TAAN western (Pokhara)

First aid certificates awarded to;

35 teachers and students and 34 villagers from Mahuré (Kavré)

33 villagers, 25 teachers and 38 students from Katuwa Chaupari (Parbat)



2022: September 12 to 23

3 French trainers

3 Nepali translators

3 organizers

1 videographer

Meeting with Mr.PK Sherpa and his son for upcoming trainings

Meeting with the CEO of the Nepal Mountaineering Association

PSC1 First Aid Certificates awarded to:

24 teachers and 62 students from the village of Kattike

20 trekking guides from Terres du Nepal agency

60 TAAN trekking and mountain guides

11 French Embassy staff members

22 staff members from the Alliance Française de Kathmandu

3 teachers and 31 students from the French International School of Kathmandu

21 Center for Disabled Children Assistance staff members and youth



2022: November 20 to December 4

4 French trainers

1 French-to-English translator and videographer

1 Nepali translator

2 organizers

3 working meetings with the CEO of Hotel Nepal Association, the Secretary General and the CEO of Himalayan Rescue Association, and the CEO plus all the executive office of Trekking Agencies Association of Nepal.

241 First aid certificates distributed to:

106 students

76 teachers

59 other people (women collective, neighborhood, etc.)

2023 : du 10 au 23 septembre :

4 french trainers

1 translator Nepali for french/nepali

1 french organisator

Participation in the reception at Laxmi Bank in honor of the new Ambassador of Nepal to France at the invitation of the France Nepal Friendship Society.

263 PSC1 first aid certificates awarded to:

29 trekking and mountain guides

73 young women in great difficulty

131 students

30 teachers

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Number of First aid certificates PSC1 (first aid relief) awarded in 6 years (2017,18,19,21,22,23): 1749

Trekking and mountain guides: 378

Alliance Française, students and teachers: 177

French International School of Kathmandu, students and teachers: 54

Various schools: 545

French Embassy: 11

Villagers, neighbors: 511

Women's associations in great difficulty: 73

TOTAL: 1749 people in eight training sessions, or 215 people on average per session.

THANKS

These first aid training courses, useful for everyone, essential for those furthest from the rescue centers, were able to be carried out thanks to our donors, our main partners, the Haute-Savoie Departmental Committee of the French Rescue and First Aid Federation (FFSS74) and the National Association of First Aid Instructors and Monitors (ANIMS), under the high authority of the French Ambassadors to Nepal from 2016 to 2023, their Excellencies, Martine BASSEREAU, Yves CARMONA, François-Xavier LEGER and Gilles BOURBAO, as well as the staff of the FRANCE embassy.

Our thanks go to all the volunteer trainers who come from France at their own expense and during their vacation time as well as to our Nepalese friends who help us with the organization and translations

Kathmandu: 30 september 2023

Maurice DUCHENE Chaiman:

A handwritten signature in black ink on a light-colored background. The signature is stylized and appears to be 'M. Duchene'.